



## HEALTH & WELLNESS POLICY

If your child is ill, please notify WDS Administration so that we can plan for your child's return to school and notify families of potential exposures to communicable diseases.

To ensure the health of other students and teachers, please refer to our policy below and the recommended time needed before returning to school. In most cases, your child should not return to school the next day. The Weekday School will strictly adhere to guidelines provided and periodically updated by the state at a minimum and reserves the right to enforce more conservative policies.

Many illnesses share some of the same symptoms. If a doctor and/or test has ruled out the presence of a major illness, our current return to school guidelines apply.

### General return to school timelines for common illnesses:

*These are the timelines approved by the WDS Board, which may be more conservative than the recommendation by your pediatrician.*

Yellow or green (i.e. not clear) mucus in cough or nose	After mucus is normal and not continuously running.
Diarrhea or Vomiting	After 24-36 hours of being sent home and 24-36 hours symptom-free (i.e. at least 24 hours since last episode of diarrhea/vomiting and stools are normal regardless of the cause)
Fever	After 24 hours of being fever-free <u>without</u> the aid of fever-reducing medication (e.g. If Tylenol is taken every 4 hours, start checking for fever at hour 4 until fever-free. Child must remain fever-free for 24 hours without additional Tylenol.)
Flu	With a doctor's note confirming diagnosis AND after 24 hours of being fever-free <u>without</u> the aid of fever-reducing medication with no lingering symptoms
Strep Throat	After 24 hours of being sent home and on antibiotics AND 2 doses of antibiotic have been taken as prescribed
Lice	After treatment
Yellow or green eye discharge/ Red or pink eye with clear constant tearing/Conjunctivitis	After 24-48 hours after diagnosis, prescribed eye drops are administered, and <u>no discharge or oozing</u>
Ring worm or other unidentified rash	After 24 hours of starting medication or if a doctor's note confirms the rash is not contagious
Hand, Foot, and Mouth Disease (HFMD)	After at least 24 hours of being fever-free <u>without</u> the aid of fever-reducing medication AND well enough to participate in normal activities AND no sores in the mouth/throat or open sores on the skin are present
Croup	At least 24 hours of being fever-free <u>without</u> the aid of fever-reducing medication and no significant cough present (generally 3+ days after symptom onset)
COVID-19	Contact WDS Administration for current protocols