

FAITH FORMATION IS



Friendship

Myers Park
PRESBYTERIAN
CHURCH

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FAITH FORMATION IS: **FRIENDSHIP**

In this season of Lent, as we reflect upon Jesus embodying God's friendship among us, we invite you to engage with practices inspired by Jesus's life that enhance faithful friendship with one another.

Week 1 | Vulnerability | Read John 13:1-17

What makes you uncomfortable? Not in a "that is gross" way, but in a "that is beneath me" way. Jesus did that for friends by washing their feet. What makes you uncomfortable in this way? Practice this **vulnerability** with a friend.

Week 2 | Trust | Read John 13:18-20

Friendships grounded in **trust** allow us to receive others into our lives. Take time this week to open yourself to another, perhaps by making a phone call, writing a letter, or inviting a friend over.

Week 3 | Time | Read John 13:31-36

Friendship takes **time**. Make time in your schedule one day this week to do an act of kindness for a friend; perhaps drop off a meal, babysit an afternoon, share a favorite book.

Week 4 | Knowing | Read John 14:1-11

To **know** someone is friendship. While in conversations this week, be sure to truly listen and ask follow up questions.

Week 5 | Advocate | Read John 14:25-27

Friends **advocate** for one another. Ask a friend how you can pray for them this week and take time daily to pray.

Week 6 | Welcome | Read John 15:9-17

Jesus calls us friends and **welcomes** us to live in his love. This week be aware of the words you use with others – may they be loving and life giving.