

**PARENTS AND
YOUTH
DISCUSSION
GUIDE**

the social dilemma on Netflix

**SUGGESTION:
Put away all
devices for a
minimum of 2
hours to watch
and discuss.**

**MIDDLE SCHOOL
PARENTS - Watch, then
decide if your youth
should watch with you.**

**HIGH SCHOOL PARENTS -
Watch together as a family
and discuss the questions on
the other side.**

the social dilemma

DISCUSSION QUESTIONS:

ASK: What are the benefits of social media use? What are the problems? Do the benefits of social media outweigh the negative issues?

Watch movie, then continue the conversation:

"If you aren't paying for the product, you are the product."
When you heard this comment, how did you feel? What's the difference between being a consumer and being consumed?

When using social media, data is being gathered to build models and predict actions, so the tech companies can increase engagement, growth, and advertising. What actions do you think the tech companies can predict about you?

Technology is a tool. Tools wait patiently. Social media is no longer a tool. It's manipulation.

In what ways do you think you are being manipulated? Can you give specific examples?

Name some of the negative effects of social media (increase in anxiety, depression, suicide among teens, fake news, dysmorphia, massacres, election manipulation). When or where have you experienced these effects? When have you been triggered by a post (algorithm)? What steps can be taken as a family or as individuals to limit these effects?

As people of faith, who are we called to be? How are we called to act and interact on social media? Where can we look for hope? How can we share love?

When you are finished with the discussion, try an experiment, Google the same question on each person's device and see if you get different answers? (Example inquiry: the earth is)