

CROSS MISSIONS SUMMER CITY SERVE

2019 - "I WANT TO SEE" LUKE 18:43

Hello, CROSS Missions Leaders,

You are part of CROSS Missions' 20th Anniversary this summer! Our theme reflects looking back and looking forward. While we are celebrating 20 years behind us we're also celebrating what God has in store for us going forward. We can't wait to open our eyes and serve alongside you in our great city. This packet contains lots of helpful (we hope!) information. The forms in this packet are also on our website, http://cross.myersparkpres.org, along with other background information.

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Items to return 30 days prior to the trip:

• Final number of participants in the *Group Roster* p. 12

Items in to CROSS two weeks prior to the trip:

- Remainder of funds for trip participants we will send you an invoice after receiving your final number of participants and a detailed schedule for the week.
- Security deposit of \$100. Separate check please.

Items to have upon arrival: Groups must use CROSS forms to participate in the CROSS program.

- Completed *CROSS Medical/Liability* (also acknowledges trip Covenant) for each participant (youth & adult).
- Release form for outside groups—signed by every participant 18 and older. All adults should read the complete Myers Park Presbyterian Church policy.
- Any extra payment for last minute additions to group.

If you find errors in the packet or have questions, please notify me as soon as possible. Thank you!

Erika Funk, CROSS Missions Director efunk@myersparkpres.org

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What to Expect from a CROSS Missions Trip

For many people, CROSS is their first mission trip experience. For others, mission trips are a common practice. CROSS Missions is a short term mission experience. This kind of mission lasts only for a few days but hopefully has a long term impact on participants and perhaps will even make a meaningful impact on the people we serve. The purpose of a short term mission is to practice the commandment God gives us to show love and hospitality to our neighbors.

Our goal is to provide youth and their leaders with the chance to live in solidarity with our neighbors who are experiencing marginalization based on things out of their control. Unlike our neighbors, most participants get to return to their lives of relative privilege after several days. It is for this reason we would like to encourage all participants to embrace this sense of shared community with these three tips:

- 1. Step outside of your comfort zone. You will build relationships with folks of all walks of life. We invite you to strike up a conversation with someone completely different than you at a ministry site or let go of your inhibitions and dance to that energizer like there's no tomorrow.
- 2. Keep an open mind. During your time at CROSS it is likely that you will encounter social issues that are challenging and complex. Because they are part of the Beloved community we embrace those populations that are frequently stereotyped or pushed to the side by society.
- 3. Be flexible. With over 40 very busy ministry partners, it is impossible to visit every site. Each year at CROSS is different, each group at CROSS is different, and each week at CROSS is different. Not every group will visit the same ministry sites, but we partner with each site for a reason, they are all working hard to better our community.

Other things to note: We work hard to provide nutritious and filling meals, but please keep in mind part of living in solidarity means cutting back on food waste and accepting a simple diet. If groups would like to bring snacks, we encourage healthy options like fruit or granola bars. On page 4 you can find our meal menu.

Leader Check List

- O Submit first payment (\$100 deposit for each participant) along with registration materials to secure your desired dates.
- O Submit certificate of liability insurance.
- O Submit second payment (also \$100 per person) by February 2nd.
- O Submit final number of participants along with final payments 60 days prior to arrival.
- O Submit final roster (found on pg. 12) NO LATER than 30 days prior to arrival.

CROSS Missions Packing Checklist

Dress will always be casual, with shorts or jeans and t-shirts being standard. Work clothes will be subject to wear and tear.

What to Bring

- Water bottle
- Bible
- Personal medicine
- Sunscreen
- Sleeping bag OR blanket and twin fitted sheet
- Pillow
- One set of outside work gloves

Clothes

- Pants/Shorts For ministry sites, shorts must have an inseam of 4" minimum. No soffe shorts and please make sure nike shorts are longer than youth's t-shirts. Please bring one pair of pants/jeans/capris to ensure that you have appropriate clothing available for ministry sites in the case of rain, cool weather, or clothing regulations.
- Shirts For ministry sites, shirts must have sleeves no tank tops. If shirts are too revealing, you will be asked to change.
- Undergarments
- Hat for shade
- Sweater/Jacket
- Shoes and socks Sturdy, closed toed shoes are required for ministry sites. Flip flops or sandals are fine for other times and for showering.

As noted above, our ministry partners have specific clothing requirements. Leaders will determine appropriate clothing standards for the group's attire during free time.

Sleeping and Showering

- Clothes suitable for coed area
- Soap, shampoo, toothbrush, toothpaste, etc
- \bullet Towel(s)
- Other necessities

Mattresses are provided, see picture below. You may bring an air mattress if you like.



Twin mattresses that are provided are 6" thick. (1 per person)

Optional Items

- Frisbee, games, cards, reading material
- Sandals (cannot be worn at worksites)
- Spending money (for Wednesday night)
- Sunglasses
- Cell phone (these items are **not** to be used at ministry sites)
- Food or snacks if you have dietary restrictions.
- A re-useable lunch bag save the trees!

DO NOT BRING!

- Alcohol or non-prescription drugs
- Vaping devices or Juuls
- Electronic games
- Irreplaceable clothes/jewelry/electronics

CROSS Missions Summer City Serve Schedule

	Sunday Evening
5:45-6:00 pm	Arrive at MPPC having eaten dinner/Meet your staff for a tour/unpack
7:30-9:00 pm	Orientation and get to know your friends in missions!
9:00 pm	Meeting with CROSS staff and back home group leaders
10:30 pm	Lights out!
	Daily Schedule Monday-Thursday
6:45-7:45 am	Clean-up & Prep Crew
7:00-7:40 am	1, , , , , , , , , , , , , , , , , , ,
	(Game room and gym closed)
8:10-8:45 am	Devotions, Worship, and Prayer
9:00-4:00 pm	Ministry Sites - Sites vary, please refer to your group schedule
4:00-5:30 pm	Free Time (gym B & game room open)
10:30 pm	Lights out!
	Monday Evening
6:00-8:00 pm	Myers Park Church Host Family Dinner & Deeper Dive into the day
_	Free-time (9:30pm-10pm gym open)
10:30 pm	Lights out!
	<u>Tuesday Evening</u>
5:15 pm	Dinner Crew
	Dinner, Oxford Hall
	Group Program, Providence Hall
_	Free time and open gym
10:30 pm	Lights out!
	Wednesday Evening
5:15 pm	Dinner Crew
_	Dinner, Oxford Hall;
6.00-10.00 bm	Free Time, (Gym closed from 7pm-8pm)
	Thursday Evening
•	Dinner Crew
_	Dinner, Oxford Hall;
-	Preparing Prayer Station for Worship Closing Worship, Providence Hall
-	Free time and open gym
_	Lights out!
	htsplease set a time for group devotions, Gym & Game Room close at 10pm,
All filg	lights out at 10:30pm
	Friday
8:45-9:00am	Clean-up Crew, All vans and buses packed/loaded before breakfast
	Awesome Breakfast provided by MPPC Chef in Oxford Hall; Check out and departur

CROSS Missions Menu for Summer 2019

Food is bought in advance by CROSS staff and a CROSS group will be assigned to set up and clean up for each meal daily. Menu items are subject to change.

PLEASE NOTE: CROSS will not provide additional food items besides those listed below. We ask that any individuals with food allergies or needs bring their own food to supplement the current menu items. There will be a vegetarian option with every meal.

BREAKFASTS

Monday-Thursday (and Saturday for those staying an extra day)
Breakfast: 7:00am-7:45am

Cereal, Bagels and Cream Cheese, Oranges, Bananas, Hard Boiled Eggs, Muffins, Granola Bars, Oatmeal, Yogurt, Sausage links or French Toast Sticks and Syrup, Coffee, Milk, Water, and Juice

Friday Breakfast 9:00am

Pancakes, Bacon, Eggs, Grits, Biscuits, Milk, OJ and Coffee

LUNCHES

Monday, Tuesday, Wednesday and Thursday Lunch

PB&J, Turkey or Ham and Cheese Sandwich, Chips,
Apple, Carrots, Cookies, and Water
Some days your group will be asked to prepare a breakfast or lunch for the people we are serving.
All food will be bought in advance by CROSS staff.

DINNERS

Monday Dinner 6:00pm

Dinner will be provided by Myers Park Presbyterian Church members (Location of meal will either be at members' homes, at the church, or at a park)

MPPC will prepare the following dinners at 5:30pm:

Tuesday

Mexican Dinner – Taco Bar (beef & chicken), tortilla chips, Black Beans, Rice, Salad, Cake and Tea/Lemonade

Wednesday

All American Dinner - Oven Fried Chicken, Mac n Cheese, Green Beans, Veggie Patties (for vegetarians) Salad, Rolls, Brownies, and Tea/Lemonade

Thursday

Italian Dinner -- Spaghetti and Meatballs with Marinara Sauce, Veggie Marinara Sauce, Garlic Bread, Salad, Ice Cream, and Tea/Lemonade

Please let the CROSS Director know if your group will not be present for any of the meals.

Where You'll Be Staying



Outreach Center: 1073 Providence Road Charlotte, NC 28207 Main location for life at CROSS Missions!



Outreach Center Gym:
Available for CROSS groups at designated times.



Outreach Center Bathrooms:
Showers & bathrooms available on each floor of the Outreach Center.



Outreach Center Game Room: Available for CROSS groups during designated free times.



Typical Sleeping and Meeting Rooms:
CROSS groups will have 1 room for boys & 1
room for girls. Similar rooms are used for
breakfast (and dinner for week-end groups) &
morning worship and devotion.



Outreach Center Kitchen:
Used for breakfast preparations and for
meals for weekend groups.

CROSS Missions City Serve Ministry Sites Summer

Please note that we are always in the process of developing relationships with other ministry partners, so your group may have the opportunity to serve at ministry sites not listed below. Thank you for your flexibility!

ArtWorks945 – Urban Ministry Center

The ArtWorks 945 program is built on a belief that the transformative power of art can be a vehicle for engaging and moving our homeless neighbors towards attaining permanent housing. The program seeks to restore voices and vitality to those who have so often been silenced and stifled. ArtWorks 945 operates a functioning gallery and studio space where neighbors and volunteers participate in 150 classes a year. These classes teach life skills through painting, drawing, print making, photography, crafts, and creative writing. CROSS groups will participate in an art class along with the neighbors in the studio space. http://www.urbanministrycenter.org/helping-the-homeless/community-works/

<u>Baby Bundles</u> Baby Bundles seeks to provide newborn essentials to families in financial need in the Charlotte area, helping them get a positive start with their baby. CROSS groups will sort clothing and baby items in the warehouse. http://babybundlesnc.org/

<u>Beds for Kids</u> A ministry to provide a bed and other essential furniture to every child and family in need in Charlotte. CROSS groups will assist in the warehouse, sorting, cleaning and perhaps painting items. <u>www.bedsforkids.org.</u>

<u>Budget Challenge</u> The Budget Challenge is an educational simulation and discussion when groups are challenged to buy a week's worth of dinners to feed a small family from a grocery store located in a food desert.

<u>Charlotte Family Housing</u> The only family shelter in Charlotte where men, women and children can all stay together. CROSS groups help with maintenance to the facility/grounds through lawn mowing, shampooing carpets, etc. www.charlotteemergencyhousing.com

<u>Charlotte Rescue Mission</u> A free substance recovery program for primarily low-income or homeless men. The 90 day residential program houses 120 men in a facility in uptown Charlotte. CROSS groups will prepare, serve, and eat lunch with clients. Groups do not need to pack a lunch this day. <u>www.charlotterescuemission.org</u>

<u>Changed Choices</u> Provides a range of support services to female inmates in local, state and federal systems. Inmates who continue a relationship throughout their incarceration with Changed Choices and demonstrate a high capacity for complete rehabilitation will be offered additional support upon release while facing the extraordinary challenges of transition. http://www.changedchoices.org/

<u>Crisis Assistance Free Store Ministry</u> A wide reaching ministry that provides rent assistance, medical aid and referrals, free furniture, and clothing. CROSS groups help with sorting, folding, and hanging clothes for the store that is free for Crisis' clients. <u>www.crisisassistance.org</u>

<u>Cuthbertson Village at Aldersgate</u> Cuthbertson Village offers assisted living services for individuals who are experiencing the challenges that come with a diagnosis of a dementia illness such as Alzheimer's disease. CROSS groups lead an activity or craft, and visit with the residents. Some groups read stories as well. www.aldersgateccrc.com

<u>Florence Crittenden Services</u> Florence Crittenden Services of Charlotte, NC promotes health and hope for tomorrow's children by providing comprehensive health, educational, and social services for single, pregnant, and non-pregnant adolescents, women, and their families. CROSS groups will work on the property and in the donation room providing needed assistance to the residents and staff. www.fcsnc.org

<u>Friendship Gardens</u> Their goal is creating local, renewable, and nutritious food resources for meals-on-wheels (Friendship Trays) recipients. CROSS groups will assist in maintaining gardens through weeding, mulching, and harvesting. <u>www.gardens.friendshiptrays.org</u>

<u>Friendship Trays</u> Prepares and delivers food to impoverished and shut-in community members. CROSS groups prepare 750 hot/cold meals and, if needed, deliver a route of meals. <u>www.friendshiptrays.org</u>

<u>The Harvest Center</u> The mission of the Harvest Center is to create a community where individuals affected by homelessness, poverty, or unemployment are empowered through our transitional programs and transformed by the love and ministry of Jesus Christ. CROSS groups will help prepare for and serve a meal, clean, sort food, etc. www.theharvestcenter.org

<u>Haven at Highland Creek</u> The Havens is an assisted living facility for Alzheimer's and dementia clients. CROSS groups play bingo, do crafts, read to individuals, sing, play musical instruments (if gifted in this area), etc. (http://havenhighlandcreek.com

<u>Hope Haven Inc.</u> Hope Haven, a foundation of recovery, provides life skills for chemically dependent adults and families within a supportive residential environment leading to independence. CROSS groups will maintain the community garden as well as other property needs. Make sure everyone brings a set of work gloves for this day. www.hopehaveninc.org

<u>Hospitality House</u> A non-profit service that enables families to stay close to their loved ones in the hospital without the emotional or financial stress of finding suitable lodging or making long commutes. They provide a comfortable bed, hot meals, and a quiet place to relax. CROSS groups assist in maintenance to facility/grounds. www.hospitalityhouseofcharlotte.org

<u>Learning Help Centers of Charlotte</u> LHCC is primarily supportive of marginalized children and their parents who reside in "workforce" communities in Charlotte. The LHCC currently operates apartment program partnerships at Advenir, Sharon Lakes Condo's, Silverstone and Sun Valley apartments where they provide tutoring and afterschool support. CROSS groups will share lunch and help LHCC participants during their intentional summer education programs through, art, soccer, and field trip excursions. http://www.lhcclt.org/

<u>Lifespan Enrichment Center</u> An adult daycare for mentally disabled seniors and adults. CROSS groups spend time with residents through crafts, singing, and dancing at the Graham Street location. At the location on Kalynne Avenue groups may also help with gardening and painting. <u>www.lifespanservices.org</u>

<u>Loaves and Fishes</u> A local food warehouse that collects, sorts, and stores food supplies for 15 local pantries. The pantries provide a full week of food for families in need. CROSS groups sort food into bins. www.loavesandfishes.org

<u>Love Inc.</u> Love INC exists to mobilize area churches to reach out to a hurting and needy world in the Name and Love of Christ. There are many individuals living with severe needs in the Charlotte-Mecklenburg community that no social service agency is able to serve. Service work generally consists of cleaning and/or yard work on the home of an elderly or disabled individual. www.loveinc-charlotte.org

<u>McCreesh Place</u> Charlotte's first single-room occupancy apartment (SRO) community designed to help disabled men who were formally homeless with permanent housing and support services. CROSS groups help with maintenance to the facility/grounds and play board games with residents. <u>www.supportivehousingcommunities.org</u>

<u>MedAssist</u> A non-profit pharmacy program providing access to lifesaving prescription medications, client support, advocacy, and other services to poor, vulnerable, and uninsured North Carolina residents. Groups will be spending time sorting medications within their downtown location. www.medassist.org

<u>The Men's Shelter of Charlotte</u> The Uptown Shelter provides safe shelter, meets basic needs, and provides access to transitional services for homeless men in the greater Charlotte area. Our goal is to help homeless men return to self-sufficiency. CROSS groups will prepare and serve an afternoon dessert and then play board games and cards in the dining hall to those interested. www.mensshelterofcharlotte.org

<u>Moore Place, Urban Ministry Center</u> A Housing First community that recognizes a fundamental right to housing, no matter what a person's mental health condition, physical disability, or addiction may be. The idea is to get people into housing first, and then work on the issues that need attention in order to help the person stay housed. Moore Place opened in spring 2011 and serves 85 formerly homeless individuals. Groups will share a social time with residents that may include playing board games or doing arts and crafts. http://urbanministrycenter.org/moore-place

<u>Project 658</u> is a Christ-centered ministry providing services for at-risk families in Charlotte, moving them toward sustainability, with a key focus on the international and refugee communities. CROSS groups will play games and eat lunch with children in the summer camp program. http://project658.com/

QC Family Tree QC Family Tree works to embody an alternative, a way of life that is centered, whole, and founded on love. We who call ourselves QC Family Tree seek to be kinfolk rooted in discipleship in West Charlotte. CROSS groups will work in the community garden, and do yard work or other property needs. http://gcfamilytree.org/

<u>RunningWorks</u> is a non-profit running program founded to encourage the homeless community to rediscover the power of teamwork, discipline, confidence, and respect for each other one stride at a time. Groups will walk or run a 5k loop around Charlotte with neighbors and then discuss and debrief their experience and learning as an entire team. http://www.runningworks.org/Welcome.html

<u>Samaritan's Feet</u> Samaritan's Feet shares hope with children in the U.S. and around the world by washing their feet, giving them a new pair of shoes, and helping them believe that their dreams can come true. We at Samaritan's Feet believe that a new pair of shoes can be a tangible foundation of hope to a person in need. Groups will be spending time with in the warehouse cleaning preparing shoes for shipment. www.samaritansfeet.org

<u>Second Harvest Food Bank</u> A regional food bank affiliated with a nationwide program. Serves 16 counties out of its facility. CROSS groups sort salvaged food from grocery stores and other donations. Volunteers must be 14 years or older. <u>www.secondharvestcharlotte.org</u>

<u>The Samaritan House</u> Samaritan House provides recuperative care to the homeless when they are discharged from the hospital. We provide an alternative "haven" when the other choices are to turn these individuals back to the streets, woods, or to the highway underpass. CROSS groups will provide assistance to residents by doing yard work and either sharing lunch together or playing bingo and baking cookies. www.thesamaritanhouse.org

<u>Time Out Youth</u> Time Out Youth Center offers support, advocacy, and opportunities for personal development and social interaction to lesbian, gay, bisexual, transgender, queer, and questioning (LGBTQ) youth ages 11-20. CROSS groups will participate in a speakers' bureau and conversation with youth who attend Time Out Youth programs. http://www.timeoutyouth.org/

<u>Urban Ministry Center</u> The main function of UMC is as a soup kitchen that is open for lunch only 365 days a year. The day shelter also provides showers, laundry, mail, phone, message board, counseling, job advice, art and literacy programs, support groups, and NA meetings. CROSS groups participate in "A Walk in My Shoes," an educational simulation in Uptown Charlotte, www.urbanministrycenter.org

<u>Urban Walk</u> Groups participating in an Urban Walk will use Charlotte's public transportation system to experience how a large segment of the population in Charlotte travels to work and maintains life's schedule. Through a walk uptown, groups will try and see the city through God's eyes. Bus passes are provided for groups to travel.

<u>Waltonwood Cotswold</u> offers assisted living units that provide additional support for daily activities, as well as memory care units for specialized assistance with dementia-related ailments. CROSS groups will have opportunities to connect with residents and take part in scheduled activities prepared by staff (crafts, snacks, games).

YWCA Summer Camp A summer camp for middle to low income children in various areas of Charlotte. CROSS groups will interact with children and help camp counselors with activities. www.ywcacentralcarolinas.org

24-7 Prayer Room Is a fuelling station for the city's spiritually hungry, serves as a resource for churches, and seeks to support fragile inner-city neighbourhoods. They use creative & culturally relevant means to instigate movements of prayer, mission, & justice. 24-7 also serves the city's poor & exploited while apprenticing individuals & organizations in lifestyles integrating social justice among the most marginalized & needy. CROSS groups will visit the 24-7 prayer room to engage with the prayer stations and possibly have a conversation about prayer with a staff member. http://www.charlotte24-7.com/

Thank you for serving with us. Please be flexible as our ministry partnerships change and evolve. We do our best to communicate your schedule, but it may shift based on the needs of each site. Please communicate with CROSS staff if anyone in your group has mobility concerns so that we can craft a schedule inclusive of all members of your group.

CROSS Missions Summer City Serve Transportation and Travel\Arrival

Departure Time and Arrival

- ➤ Please provide enough time to travel to and arrive at the Outreach Center of MPPC (1073 Providence Rd, Charlotte, NC 28207) between 5:45 and 6pm on the Sunday evening of your trip!
- **Remember to eat before you arrive on Sunday!** There any many locations around the Charlotte area to eat a meal with your group.
- ➤ Please call Erika Funk on her cell at 267-816-6961 when you are **an hour away** from the Outreach Center. This lets us know where you are and provides CROSS with an idea of when we can start large group orientation on Sunday night.
- > We look forward to seeing you and checking you in and have a great deal of information to share with your group during orientation. We also hope that we can all get a good amount of sleep before Monday morning, so please arrive promptly.

Transportation VANS AND BUSES

- ➤ We ask that groups provide the simplest transportation possible for travel back and forth to ministry sites. Please bring 15-18 passenger vans or a church bus to transport students and leaders. There are many insurance laws that require the back seats of vans to be removed for traveling purposes keep this in mind when preparing for your trip and the number of your group. Most group sizes will be between 11-16 total so please have enough space for all participants.
- > If you group is planning to bring more than 15-16 people total, we will ask you to provide a second large vehicle so that your youth group may be split up into two ministry groups during the week.
- ➤ CROSS is providing a trained college intern to guide you around the city. We do hope that this intern may ride with you in the front of your vehicle. Interns may be asked to ride ahead of you in their own cars if groups do not provide enough room, however, this may make transportation more difficult in the city. One vehicle is much simpler.
- ➤ All CROSS groups will be provided a COOLER to store packed lunches every day in their vehicle as well as additional space for other items (tools, board games, food, etc.) please keep this in mind as well as you are planning out the size of your transportation vehicle.

FREE TIME in Charlotte

Wednesday evening is scheduled as free time. Below are some suggestions of things to do in Charlotte.

CAROWINDS: Water and Theme Park, www.carowinds.com

KNIGHTS GAME: Minor League Baseball, Knights Ticket Office (704-274-8282)

https://www.milb.com/charlotte-knights/ \$12-\$19 per game depending on seating

RAY'S SPLASH PLANET: Indoor Pool Facility, 980-314-4729

215 N. Sycamore St. (Uptown Charlotte)

https://www.mecknc.gov/ParkandRec/Aquatics/RaysSplashPlanet/Pages/default.aspx

US NATIONAL WHITEWATER CENTER: Rafting, Ropes Course, Rock Climbing, Mountain

Biking, Flat Water

All Day Pass: \$49 youth/ \$59 adults; www.usnwc.org

MALL:

South Park Mall: 10 minute drive from MPPC

http://www.simon.com/mall/default.aspx?ID=788

10AM-9PM on Monday-Saturday and 12:30-6:00- Sunday

704-364-4411

MOVIE THEATRES: http://www.fandango.com/ (enter 28207 for zip code search)

BOWLING: http://www.rollten.com/

https://www.amf.com/location/amf-centennial-lanes

DEFY GRAVITY: https://www.defycharlotte.com/

INNER PEAKS: Climbing facility

http://www.innerpeaks.com/

ESCAPE ROOMS:

https://breakoutgames.com/charlotte/

http://codescapegame.com

https://www.exitstrategyus.com/

SKY HIGH TRAMPOLINE PARK: https://clt.skyhighsports.com/

SPORTS CONNECTION: http://www.sportsconnectionnc.com/

TOPGOLF: https://topgolf.com/us/charlotte/

EATING OPTIONS CLOSE to Myers Park Presbyterian Church: all are a 5-10 minute walk from

the church

Ben Jerry's Ice Cream Providence Road Sundries

Starbucks Hubee D's

Panera Bread Harris Teeter SuperMarket

Boston Market

Myers Park Presbyterian Youth/Adult Ratios

When recruiting adults for the CROSS Missions trip, be aware of the following:

- 1. Must have 1 adult per 6 youth.
- 2. Must have <u>at least 2 adults in attendance</u> (even if you only have 6 youth).
- 3. Must have <u>1 adult of each gender</u> if you have both boys and girls in attendance.
- 4. Youth who have not completed 5th grade must have a parent or an adult come making a 1:1 ratio.
- 5. If there is a married couple they count as 1 adult on the trip. (since married couples cannot testify against one another in court).
- 6. There must be two adults sleeping in the same room as youth. If that cannot be done, adults will sleep in a separate room from youth.

CROSS MISSIONS RESERVATION AND CANCELLATION POLICY

OVERVIEW OF CROSS MISSION PROGRAM:

CROSS Missions offers summer youth mission trips, alternative college break service trips, and weekend mission trips during the fall/winter/spring. Adults, college students, youth as young as sixth grade, and elementary school students with a parent/guardian are all welcome. A weeklong summer mission trip costs \$295/person for Sunday evening through Friday morning. If a group decides to stay Friday night, an additional fee of \$25/person is added. A week-long college break trip costs \$100/person for housing only, and \$170/person if CROSS schedules service sites. A weekend-long mission trip costs \$95/person for Friday night through Sunday morning after church. Fees include trip coordination, housing, ministry site fees, and food for all meals except meals groups choose to eat at restaurants. CROSS provides mattresses and buys all groceries. During the summer program, dinners are prepared by MPPC's chef. Showers and recreation facilities are available.

REGISTRATION PROCESS:

CROSS fills up six to twelve months in advance, so please plan ahead! To register your group for a CROSS trip, please call or email staff to find out if the dates you want are available. Staff will hold your spot tentatively. Fill out the Group Registration Form and send it in with a deposit of \$50/person for fall/winter/spring trips and \$100/person for summer trips. We realize you may not know the exact number of people in your group, but a good estimate is helpful for planning your schedule. The number can be adjusted as your trip draws closer. Once we receive your deposit and registration form, your dates will be reserved.

Outline of required dates:

City Serve: Second payment of \$100 per person due February 1, final numbers due 30 days before the trip, final payment and security deposit due 15 days prior to trip. If your final number increases, you will be responsible for paying for all participants.

If your final number increases, you will be responsible for paying for all participants. Bring an additional check with you to pay for additional people. All payments are non-refundable. 2nd and final payments are due on or before date indicated on invoice. If late, a \$100 late fee is applicable.

CANCELLATION POLICY

If your group must cancel, the payments paid prior to cancellation will not be refunded. The deposit that is held for a trip is only good for that particular date. If you must reschedule your trip, a new deposit is required. Please be aware that we put a great deal of time and effort into planning each trip. Holding a spot for your group means that we will not receive revenue from groups who could not come at that time because your group was scheduled.

SECURITY DEPOSIT

Please include with your final payment <u>a separate check</u> for \$100.00 to serve as a security deposit during your trip. Money will be deducted from the security deposit if the following occurs: keys or key cards are lost, damage to facilities or equipment, late payments.

GROUP ROSTER AND TRANSPORTATION INFORMATION

Group Roster may be scanned and emailed.

The completed roster is needed 30 days prior to the group's arrival stating your final numbers, along with participant's names, ages, gender, and dietary needs. Final Payment is due 2 weeks from the trip using the number committed below.

CROSS Missions Group:	FINAL NUMBERS:
TRANSPORTATION INFORMATION: TYPE OF VEHICLES AND	NUMBER OF PASSENGERS IN EACH

Adult Information

Name	M/F	Age
1.		
2.		
3.		
4.		
5.		
6.		
7.		
8.		
9.		
10.		

Youth/Adult Ratios

- Must have 1 adult per 6 youth.
- Must have at least 2 adults in attendance (even if you only have 6 youth).
- Must have 1 adult of each gender if you have both boys and girls in attendance.
- Youth who have not completed 5th grade that attend the trip must have a parent or an adult come making a 1:1 ratio.
- If there is a married couple or a couple that is related, they count as 1 adult on the trip. (According to our child policy, since married couples cannot testify against one another in court).
- There must be two adults sleeping in the same room as youth. If that cannot be done, adults will sleep in a separate room from youth.

Youth Information

Name	M/F	Age	Completed Grade
1.			
2.			
3.			
4.			
5.			
6.			
7.			
8.			
9.			
10.			
11.			
12.			
13.			
14.			
15.			
16.			
17.			
18.			
19.			

participants have food allergies, specific food needs, or are vegan, we do ask that participants bring their own food to supplement the current menu items (if desired). CROSS will not provide additional food items besides those listed in the menu. There will be adequate kitchen space for individuals to prepare supplemental food items during their stay on campus. There will be vegetarian options with every meal.

Please explain any special dietary needs/food allergies for the group and or/individuals:

Employee and Volunteer Release Form for Outside Groups Using MPPC Facilities

This application form is to be completed by <u>all leaders</u> (adults and youth over the age of 18) of groups not associated with Myers Park Presbyterian Church but who are using the facilities of this congregation.

All leaders of non-MPPC sponsored groups and events using MPPC facilities, which have direct supervision of children and youth, are expected to adhere to the standards of MPPC's Child and Youth Protection policy. The outside group leaders must review the Overview and sign this Outside Group Leaders Release Form to acknowledge their review of it and to confirm their agreement to follow the policy. An overview of the policy is at

http://www.myersparkpres.org/downloads/ChildYouthProtectionPolicyCROSSMissions.pdf.

Information regarding the Outside Group:

Myers Park Presbyterian Church will not perform background checks, personal and professional references, employment records, and civil and criminal record reviews for groups not affiliated with MPPC. Leaders of outside groups are invited to attend MPPC's frequently scheduled training classes and are expected to conduct their own due diligence in this regard. Check the website for scheduled classes. MPPC encourages all groups to perform their own due diligence regarding their leaders' character and fitness for working with children or youth.

Group Name:		
Staff Contact:		
By their signatures, the undersigned leaders Protection Policy of Myers Park Presbyteria:	•	Child and Youth
Applicant's Name (printed)		
Applicant's Signature	Date	
Applicant's Name (printed)		
Applicant's Signature	Date	
Applicant's Name (printed)		
Applicant's Signature		
Applicant's Name (printed)		
Applicant's Signature	Date	
Applicant's Name (printed)		
Applicant's Signature	Date	
Applicant's Name (printed)		
Applicant's Signature	Date	

Myers Park Presbyterian Church CROSS Mission Program

Medical and Liability Release Form

Youth and Adult CROSS participants please fill out the following section:

Note to Participants: This form (1) waives Myers Park Presbyterian Church from all liabilities from damage, injury, illness, death to CROSS participants (2) gives the CROSS staff and your group leader's authorization to secure medical aid for your youth should it be necessary.

I/We the undersigned parent(s) or guardian(s) of (youth participant)	demnify Myers Park Presbyterian Church, ilities, claims and causes of actions or reticipation in the activities of CROSS to the mission participants or their erience or related event. I/We agree to s, accident, and death. see, or technician to furnish my youth, sustained, or other emergency medial of transported from and back to the orize a representative of Myers Park
Emergency Contact: Relation:	
Home Address:	
Phone Number: HOME () Work Number of Conta	act stated above ()
Participant Name:	
Insurance Information:	
Group Number:	
Physician: Phone #:	
Please circle if you have been or being treated for any of the following: Diabetes Elevated Cholesterol Asthma High Blood Pressure Back Pain Heart Disease Epilepsy Muscular Problems Arthritis	Other: Date of last tetanus shot:
Please list all medications that you are currently taking:	
By signing below, indicates I have filled out the above information correctly COVENANT accompanying this form. I also permit the taking and use of physician church to be used in church purelinquish any right to examine and approve the completed materials prior Presbyterian from any liability.	otographs, audio, and video of my iblications and materials only. I
Signed, CROSS participant (adult and youth)	
Parent(s)/Guardians(s) of youth under 18 only	

Covenant for CROSS Mission Trips

For Adult and Youth Participants

☐ I know that I am loved and appreciated as a child of God. Therefore, I will make an effort to get to know and treat others as children of God during my trip.
□ I understand that I represent not only my home church and the CROSS program at Myers Park Presbyterian Church, but the love of Jesus Christ in the world. Therefore, I will conduct myself in a manner that shows Christ's love and grace at ministry sites I visit, at Myers Park Presbyterian Church where I will be sleeping/eating/recreating, and at various places my group visits during my time spent in Charlotte, NC. If inappropriate behavior occurs at ministry sites, individuals involved may be dismissed from the program.
$\hfill \square$ I will not use inappropriate language that will degrade or embarrass others.
☐ I will leave ALL electronic devices (cell phones, iPods, etc) at the church or in the van instead of bringing them with me to sites. These items isolate me from others and divert my attention from the purpose of serving others instead of myself. (Adults may bring their cell phones.)
$\hfill I$ will not be alone during the week, which means I will always stay with my adult leaders and I will use the buddy system at MPPC and at ministry sites.
\square I will not give money or any personal identification information, such as my address or phone number, to anyone I meet at ministry sites. We are there to provide our time and talents, not our material possessions.
\square I will dress appropriately, meaning I will dress in clothing that is not too revealing, unkempt, or tight. I am portraying an image of God to others and I do not want my appearance to detract from my witness.
□ I understand that the use of and/or possession of alcoholic beverages, and any illegal medications (those you cannot buy over the counter at a drug store and/or those that have not been prescribed by a doctor for you) will not be tolerated under any circumstances. I understand if these substances are found in my possession, my emergency contacts will be notified and I will be dismissed from the CROSS program.
I understand that violation of any part of this covenant will result in appropriate actions that may involve calling emergency contacts or, in extreme cases, being dismissed from the CROSS program. This covenant is meant to be signed by each CROSS participant, including adults, youth, and the parents of youth. It is not mean to be a contract, but rather a commitment to an experience in which God will be at work in your life and in the lives of others.
(By signing the bottom of the medical form you agree to abide by this covenant.)

